



Grant Guidelines

The mission of the Tariq Farid Foundation is to alleviate suffering by providing for the basic needs of food and healthcare, and to improve lives through the support of education and skill development opportunities that enable individuals to reach their full potential.

We work towards our mission through supporting initiatives and organizations that:

- Feed the hungry and increase access to healthy foods.
- Provide healthcare services to those in need.
- Provide educational and job training opportunities.
- Improve the lives of women and children.

Organizations and Programs that We Support

The Tariq Farid Foundation supports organizations and programs that directly benefit individuals in need. In general, we prefer to fund specific programs, and direct, tangible assistance, rather than equipment or general operating support.

The Foundation prefers to fund organizations that primarily serve residents in Connecticut as well as around the world.

Organizations funded by the Tariq Farid Foundation must be tax exempt under IRS code section 501(c)3.

Activities We DO NOT Support

The Tariq Farid Foundation does not make grants to support the following:

- political campaigns or activities, including lobbying expenses or other activities influencing the outcome of the legislative or electoral process
- interest expenses paid on loans or payment to eliminate or reduce existing deficits
- endowments or capital campaigns
- feasibility studies
- trips, tours, transportation costs, or conference attendance
- team sponsorships or individual sports people
- pageants